

# FORMAL INVITATION TO JOIN

# *Project Awaaz*

Dear Friends, Educators, Parents, and Changemakers,

*I invite you to be a part of a heartfelt initiative – Project Awaaz – a non-profit movement designed to give voice to students in schools through Student-Teacher Meets (STMs).*

*In a world where academic excellence often overshadows emotional well-being, Project Awaaz offers a shift – a space where students are heard, understood, and supported, not just as learners, but as individuals.*

## What is Project Awaaz?

*Project Awaaz is a voluntary, non-profit initiative that brings emotional wellness and human connection back into the heart of education. It focuses on implementing structured Student-Teacher Meets (STMs) – short, consistent, one-on-one conversations between teachers and students designed to foster trust, belongingness, laughter, self-awareness, and emotional safety.*

*Through these meaningful interactions, we strive to build healthier classrooms where every child feels seen, valued, and supported.*



## Why Should You Join?

- *Because you believe students are more than marks.*
- *Because you've seen how a kind word from a teacher can change a student's life.*
- *Because emotional health deserves as much space in schools as academics.*
- *Because you want to contribute your time, energy, or skills to make a real impact.*
- *Because this project belongs to all of us – it's for the students, by the students, and supported by people who care.*

## What Are Student-Teacher Meets (STMs)?

*STMs are short, focused, and joyful conversations between a teacher and a student. In a judgment-free space, the student can talk about anything – their thoughts, feelings, questions, or concerns.*

*These meets:*

- *Help students feel heard and cared for*
- *Boost emotional confidence and mental health*
- *Enable teachers to understand students better*
- *Prevent silent struggles like burnout, anxiety, or disengagement*
- *Project Awaaz is committed to training schools and volunteers to implement STMs (concept designed by Ms. Astha Gill) meaningfully and ethically.*



## What's in it for You?

*Though Project Awaaz is a non-profit, your involvement brings:*

- *A deep sense of purpose*
- *Connections with like-minded changemakers*
- *Heartwarming stories of real student transformation*
- *A role in shaping emotionally aware future citizens*
- *Whether you're a teacher, student, parent, ex-student, psychologist, trainer, or just a kind-hearted human being – there's a place for you in Project Awaaz*

## Volunteer Benefits Table

| Benefit                 | Description                                                                 |
|-------------------------|-----------------------------------------------------------------------------|
| Skill Development       | Communication, empathy, team-building, real-world education reform exposure |
| Certification           | Official recognition from Astha Setu — valuable for CVs, college apps, etc. |
| Networking              | Connect with educators, psychologists, artists, and changemakers            |
| Purposeful Volunteering | Direct work in improving student mental health and emotional well-being     |
| Recognition             | Featured on social media/events (as the team grows)                         |
| Growth Opportunities    | Lead future city/regional chapters with consistent commitment               |



## Funding Note

- *Workshops are currently free of cost.*
- *50% of the sales from the authored book by Ms. Astha Gill (Student Teacher Meet) will be reinvested in Project Awaaz.*
- *Donations from well-wishers will support expanding this movement to more schools.*
- *All donations are accepted under a transparent model and managed by Astha Setu.*

*Your support – whether through time, effort, or contributions – can help a child feel heard.*

## Want to Join?

*Fill out the form to express your interest.*

*I will be in touch with you soon!*

*Let's make Awaaz the sound of change.*

*One student. One teacher. One conversation at a time.*

*Warm regards,*

*Astha Gill*

*Founder – Astha Setu*

*Creator – Project Awaaz*